***CHINESE WUSHU & TAICHI ACADEMY LLC***

709 ½ S. King Street, Seattle, WA 98104. (206)749-9513. [www.chinesewushutaichi.com](http://www.chinesewushutaichi.com)

***Chen Taichi Seminar September 12-16, 2013 by Grandmaster Chen Zhenglei***

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**Sept. 12**, Thursday 7PM – 9PM **Chen Taichi Qigong and Silk Reeling. $50**

**Sept. 13,** Friday 7PM – 9PM **Chen Taichi Broadsword. $60**

***Sept. 14,*** *Saturday 9:30AM - 4:30PM* ***Old Frame One. $150***

***Sept. 15,*** *Sunday 9:30AM -4:30PM* ***New Frame one. $180***

***Sept. 16,*** *Monday 7PM - 9PM.* ***Old Frame Two****.* ***$60***

***Fees****: 1) All fees due by August 23, 2013. Late fee $20 extra for each subject. Please make your check payable to Chinese Wushu & Taichi Academy LLC, mail it with your registration form (print from* [*www.chinesewushutaichi.com*](http://www.chinesewushutaichi.com)*) to 709 ½ S. King Street, WA 98104;*

**Seminar Locations:*****Sept. 12*** *will be held at Chinese Wushu & Taichi Academy LLC.* ***Sept. 13, 14, 15, 16*** *at* ***the Gymnasium of Chinatown Community Center*** *at 719 8th Ave S Seattle, WA 98104. (Community Center Garage parking available at $4)*

**Sign up guidelines suggested by Master Yijiao Hong:**

**Sept. 12**, **Thursday evening Chen Taichi Qigong and Silk Reeling**: The seminar is a must for anyone who has no Taichi experience or is at the beginning or intermediate levels of Taichi. The advanced practitioner will be able to deepen his or her Taichi foundation.

**Sept. 13, Friday evening Chen Taichi Broadsword**: The seminar is for anyone who is at an intermediate and above level of Chen style Taichi or having a several years of martial arts experience.

**Sept. 14, Saturday Chen Old Frame One**: The seminar for Chen Taichi practitioners who are learning or have already learned old frame one. Chen old frame one is the most important foundation of all Chen Taichi forms. Reviewing the form with Grandmaster Chen is a richly rewarding experience even for those who are quite adept at this form.

**Sept. 15**, **Sunday Chen New Frame One:** The seminar for Chen Taichi practitioners who have already learned Chen old frame one at least; for all the advanced Taichi students, this is a must!

**Sept. 16, Monday Chen Old Frame Two:** The seminar for Taichi students who already know old frame one, and who are learning or have already learned old frame two.